



HAWK TALK

June 2008

Meet the Board

President

Mark Mueller
(224) 629-0487

Hawkpres@comcast.net

Vice President of Football

John Georgeoff
(847) 602-7383

jrgeorgeoff@patlininc.com

Treasurer

Gloria Kaminsky
(847) 741-3817

hawkstreasurer@aol.com

Secretary

Renee Robinson
(847) 359-8217

hawknews@comcast.net

Commissioner – Football

Greg Comstock
(847) 309-0882

fshnigo41@comcast.net

Commissioner-Football

Blake Polony
847-530-1132

bpolony@yahoo.com

Vice President – Cheer

Renee Koziel
(847) 310-0626

hawkscheer@sbcglobal.net

Commissioner – Cheer

Sandra Stevens
847-514-2571

mstevens28@comcast.net

Commissioner - Cheer

Crystal Jones
(847) 338-2407

cheer6600@aol.com

Parents,

We are off and running!! Football camps have begun and the cheer clinic is approaching. This is the time to come out and meet your coaches along with your teammates. The camps are free and are at Hillcrest Field (home field) by Lincoln Prairie School on Hillcrest Blvd.

We have sent reminders about paperwork. Please respect that we are all volunteers. Collecting things from over 300 families is not easy. We have given you all of the contacts if you have questions. Let's work together and move past this!

The 4th of July Fest is our main event coming up. Blake Polony, the fest liaison, needs your help! We need people to help prepare the ka-bobs early in the week and to volunteer in the tent. It will be a great weekend. Check later in the newsletter for information.

To all of the new families--WELCOME. HEAA is one of the best youth leagues in the suburbs. We are only as good as our parents. We have several committees to get involved with and always welcome new ideas.

See you at camp or at the 4th Fest.

GO HAWKS!!

Mark Mueller
President
Hoffman Estates Hawks



A HUGE THANK YOU!

Thank you very much to all of the wonderful volunteers that helped us at the registrations. Things go so much smoother when we all work together!!



IMPORTANT DATES

June 22nd-Football camp 12:00-2:00pm (Hoffman High coaches at field)
June 29th- Cheer camp @ Lincoln Prairie 9:00am-1:00pm
Paperwork turn-in/Football camp 12:00-2:00pm @ Home Field
June 30th – **MANDATORY** Coaches Clinic at Blackhawk 7-9pm
July 3rd- HEAA tent @ Hoffman fest 6:00pm-10:00pm
July 4-6th- HEAA tent @ Hoffman fest 1:00pm-11:00pm
July 12th- Equipment handout - FOOTBALL @ storage shed-times TBA
July 13th –Football camp 12:00pm-2:00pm
July 16th –**MANDATORY** parent meeting football/cheer- times TBA
July 20th –Football camp 12:00-2:00pm
July 20th-Pop Warner discount night 5:00-7:00pm @ Dicks sporting goods
August 1st—FIRST DAY FOOTBALL PRACTICE!!!
August 4th –FIRST DAY CHEER PRACTICE!!!
August 9th- Picture day @ Eisenhower—times TBA
August 23rd—**MANDATORY** football certification day @ Fenton HS- Times TBA

*Football camps are voluntary.

*Parent night and certification are MANDATORY or your child will be dropped.



KA-BOBS!

Help skewer the meat!! During the football camp/cheer clinic on June 29th, we will be skewering the kabobs. Email Blake Polony at bpolony@yahoo.com if you will be able to help skewer the meat.



Cheer Camp

Catch this year's Cheer Camp! Sunday, June 29th meet cheerleaders from all of the Chicagoland Pop Warner towns, see old friends, and learn a fun routine. See the attached registration form and sign up today!



Mandatory Coaches Clinic

There will be a mandatory coach's clinic at Blackhawk (the ice arena) June 30th, 7:00-9:00pm.



4th of July Fest

Slots are still available to help at the 4th of July Fest. We need help Thursday-Sunday, July 3rd – 6th. Please contact Blake Polony at bpolony@yahoo.com to sign-up for your time slot. A good time will be had by all!!

Website

Remember to visit the website often as that is where most of our information is posted. You will start seeing coupons from our sponsors at the back of the newsletter. This allows exposure for those businesses that support us. If you know of anyone that wants to get involved-the form is attached. Football camp and cheer clinic info is up on the website also.

Hawks Merchandise

Check out the merchandise link on the website! Order sweatshirts, t-shirts, baseball caps, bandanas, beanie caps, ladies tank tops, kids apparel, jackets, vests, sweatpants, shorts, blankets, even beach towels and aprons! Support your team and look great this season!



General Meetings

The General Meetings will continue to be on the third Tuesday of the month at 7:30 pm. The location is at the Hoffman Estates Park District Community Center and Ice Arena (formerly known as Blackhawk). The next meeting is Tuesday, June 17th at 7:30pm.

Fundraising

Be sure to check out the magazine fundraiser on our website. Our online fundraising store has over 650 of the most popular magazine titles at up to 85% off newsstands prices. Purchase or renew your favorite magazine subscriptions and 40% of your purchase will go directly to our cause!

You can invite friends and family to help:

Send emails to your friends and family inviting them to purchase their magazine subscriptions online to help support a great cause.

Escrip - We have also started a new fundraiser called *escrip*. Participating business partners contribute a percentage of your grocery loyalty, debit, and credit card purchases to HEAA. Visit www.escrip.com to see a complete list of participants and to sign up. Our group ID is 500017098.

- You register one or more of your existing cards for use in the program.
- Participating merchants will make contributions to HEAA based on purchases made by you, just by using the cards you have registered.
- Your purchases are tracked and available to you online, allowing you to see just how much you are earning on your child's behalf.



Become a Hawk Volunteer

Thank you to all that volunteered their time this past season. The Hoffman Estates Athletic Association is run entirely by volunteers from our community. Parent participation is essential to the survival of our program. Board members, coaches, and parents work hard so that our children have a safe environment in which to make life-long friends.

The greatest treasure we have is our children. As adults, we must ensure that these young people are able to grow up happy, healthy, and above all, safe. Whether they are our children, or the children of others, each of us has a responsibility to protect them. They are our future, and an endless source of joy.

Healthy Hawks Corner

Warm Up Exercises

Warming up before practice and a game is essential to help prevent injuries. It gets muscles ready for the rigorous exercise they are about to receive during a game. Here are some benefits of warming up:

- Raises body temperature
- Increases metabolic rate
- Increases heart and respiratory rate

Most football players will do warm up exercises by running, stretching, and performing drills. A good warm up program should last anywhere from 15 to 30 minutes.



-----GET CONNECTED-----

H.E.A.A. Website
www.HoffmanHawks.org

Conference Website
www.chicagolandpopwarner.org

Regional Website
www.midamericapopwarner.com

National Website
www.popwarner.com

Check the HEAA website often for updates.



**Hoffman Estates
Athletic Association**
*P.O. Box 95641
Hoffman Estates, IL 60169*

**SEE YOU AT OUR NEXT
GENERAL MEETING:
Tuesday, June 17, 2008
7:30 p.m. @ HEPDCCIA/Blackhawk**



H.E.A.A. UPCOMING EVENTS



June 22 – Football Camp
June 29 – Football Camp, Paper work turn-in, Cheer Camp
June 30th – Mandatory Coaches Clinic
July 3rd – HEAA Tent at Hoffman Fest
July 4th – HE Parade & Tent at Hoffman Fest
July 12 – Equipment Hand Out
July 13 – Football Camp
July 16 – Parent Meeting-Mandatory

July 20 – Football Camp
July 20 – PW Discount Night @ Dick's
August 1 – 1st Football Practice
August 4 – 1st Cheer Practice
August 9 – Team Pictures
August 23 – Certification - Mandatory
August 30 – 1st Games of Season